



Chris Balsley MA, LPC, PCC, TRE Level III

Coach / Trainer / Presenter

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Chris Balsley earned his TRE level III certification while working with David Bercei, training active duty military for MagisGroup LLC. He is currently presenting workshops in the U.S. and Asia. He has maintained a thriving and diverse professional practice where he has presented, counseled and coached for almost thirty years.

Focusing on inspiring professionals to be the best leaders they can be, especially in the face of adversity, Chris dedicates a large portion of his career to helping individuals and teams become intentional and powerful in their performance. He accomplishes this by teaching them how to mitigate the effects of workplace stress often by teaching TRE's and other methods. He also trains them how to listen and speak more powerfully, and demonstrates the powerful connection between leadership and the human body.

Chris is former core faculty at Naropa University's graduate psychology program and the Boulder College of Massage Therapy. He has coached business and personal clients in English and Spanish in the U.S., Mexico, South America, Europe and Asia. He has designed and/or delivered programs to: Magis group LLC for the U.S. Army; ESI, a division of Hunter-Douglas; NLP of Europe; and the Newfield Network.